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Lee's Summit CARES
Lee's Summit Parks and Recreation
Lee's Summit Police Department
Lee's Summit R-7 School District
ReDiscover

Special Thanks To:
Summit Litho, Inc.

Expanded Workshop & Presenter
information available at www.lscares.org.

In-Service Hours Certificates will be
available for childcare providers.

Parent University Hotline
816.581.5803
Registration or Scholarship Questions

Lee's Summit CARES Presents

PARENT UNIVERSITY 2011



today's
modern family

**Saturday, November 12, 2011
8:00 a.m. - 12:35 p.m.**

**Pleasant Lea Middle School
630 SW Persels Rd.
Lee's Summit, MO**

Parent University

*Workshops & Resources to Help with Parenting
Children ages 0 to 18.*

Do you find parenting to be the most rewarding, yet
challenging job you have ever done? Would you like to
have some new ideas for strengthening your family?

Join us to gain information from the experts and view a
showcase of resources designed especially for parents.
Parent University offers you a vast array of topics so you
can select those that best fit your family.

The showcase will feature local organizations sharing
valuable information and resources for parents. From
8:00 to 9:00 a.m. you can browse the exhibits and learn
more about family resources available in our
community.

Cost is \$10 per adult which includes a
continental breakfast and workshop materials.
Scholarships are available.

CHILDCARE

Childcare is available for children 1-12 years of
age with a variety of planned activities supervised
by childcare specialists & volunteers. Snacks
provided. Cost is \$5.00 per child max \$15.00 per
family.

Parent University Schedule

| | |
|-------------------|--|
| 8:00am - 9:00am | Packet Pickup Walk-in Registration Breakfast Showcase |
| 9:00am - 9:20am | Welcome |
| 9:30am - 10:25am | Session I |
| 10:35am - 11:30am | Session II |
| 11:40am - 12:35pm | Session III |

Parking available in the Pleasant Lea Middle
School & Elementary School parking lots.

Parent University Registration

Online & Mail Registrations due by November 4, 2011

ONLINE REGISTRATION AVAILABLE AT WWW.LSCARES.ORG
(service fee of \$1 added)

MAIL REGISTRATION

Name(s) _____

Email _____

Daytime Phone _____

Childcare for children 1-12 years of age available by
advance registration only. Space is limited. Register early!

First and Last Names of Children _____ Age _____

Please List Any Special Needs for Children

#of children ____ X \$5.00 = _____ (max \$15.00)

#of adults ____ X \$10.00 = _____

Total Amount \$ _____

#attending breakfast: Adults ____ Children ____

Please send one check for Registration & Childcare.

Mail payment & registration to:
Lee's Summit CARES
901 NE Independence Ave.
Lee's Summit, MO 64086

Registration Fee is Nonrefundable

For Scholarship/Registration Information Call 816.581.5803

WORKSHOP SELECTION

Please mark ONE choice for EACH
session on the back of this registration form.

Workshop Selection

Mark one workshop choice for each session for each adult attending.

Session I

- Internet Safety; Eluding Internet Predators
- Rituals, Routines & Relationship Building
- Red Flags in Speech & Language Development of the Young Child
- Lurking Inside the Teenage Brain
- Executive Function Skills & Academic Success of Students With Autism
- "Fall" In Love With Reading
- Raising Kids With Character
- "I Think I Can, I Think I Can". Balancing Family & Work
- Helping Children With Transition

Session II

- Internet Safety; Eluding Internet Predators
- Now Hiring Computer Cops
- Help, I'm All Alone; Single Parenting
- Red Flags in Speech & Language Development of the Young Child
- Rituals, Routines & Relationship Building
- Recalibrating To the Positive: Parenting Tips & Strategies
- Helping Children With Transition
- Parenting Teens. Strategies That Work
- A Parent's Guide To Food Allergy, Asthma and/or ADHD
- "Fall" In Love With Reading
- Men Are From Mars, Women Are From Venus, Teens Are From Neptune

Session III

- Now Hiring Computer Cops
- Parenting Teens. Strategies That Work
- Executive Function Skills & Academic Success of Students With Autism
- Men Are From Mars, Women Are From Venus, Teens Are From Neptune
- "I Think I Can, I Think I Can". Balancing Family & Work
- Lurking Inside the Teenage Brain
- Raising Kids With Character
- A Parent's Guide To Food Allergy, Asthma and/or ADHD
- The New Family: Dealing With Change & Finding Hope In the Blended Family
- Recalibrating To the Positive: Parenting Tips & Strategies

tools 4 successful parenting 2day

Parent University Workshops

Helping Children With Transition - Prepare and help students with potential difficult transition to middle school as well as into high school.

Parenting Teens. Strategies That Work - As children grow into adults effective parents adapt their parenting strategies. Join us and learn effective ways to stay connected, set limits and prepare your teen for success.

Red Flags in Speech & Language Development of the Young Child - What is typical language for a two year old? What speech sounds should my five year old be able to produce? Is stuttering ever okay? Join us as we talk about red flags in the speech and language development of the young child.

"Fall" In Love With Reading - Parents will be introduced to books and activities designed to encourage and foster reading interest and development.

Executive Function Skills & Academic Success of Students With Autism - User friendly presentation of the executive function process and how it creates academic and behavioral hurdles for students with autism.

A Parent's Guide To Food Allergy, Asthma and/or ADHD - If you're struggling with one or all of these diagnoses, find resources to manage your child's well being.

Lurking Inside the Teenage Brain - What you wanted (and didn't) want to know about the adolescent brain.

Help, I'm All Alone; Single Parenting - It is challenging to be a parent today, and even more difficult to raise children alone. Join us and explore ways to take some of the stress out of single parenting.

The New Family: Dealing With Change & Finding Hope In the Blended Family - American families have always shown remarkable resiliency in adjusting to natural, economic, and social changes. Learn how to *"stand like a mountain and flow like water"* as we learn to survive change in the new family.

Now Hiring Computer Cops - This class is in response to an increase in computer and child related offenses nationwide. Members of the Lee's Summit Police Department will educate parents about the dangers that the internet can create for their children and then provide parents with a tool to use to help mitigate these dangers. The Computer Cop CD will give parents the tools to monitor and protect their children, while offering the security to trust and verify their children's decision when utilizing the internet and social media.

Men Are From Mars, Women Are From Venus, Teens Are From Neptune - Do you wonder what is going on with your teen? Is she/he acting differently, spending too much time texting, or making questionable choices? Has the child you used to know turned into a teen you do not recognize? Bring your questions to this workshop and hear the advice Resource Officers and teens have to share.

Raising Kids With Character - Today's children are growing up in an increasingly challenging world where ethics are progressively degrading. What are we doing today to prepare them for a future in which character will need to be on everyone's agenda?

Rituals, Routines & Relationship Building - Find out the importance of rituals, routines and calming experiences in improving relationships and daily interactions between children and the adults in their lives.

Recalibrating To the Positive: Parenting Tips & Strategies - Behavioral strategies and practical skills for handling tantrums and defiance across your child's development.

"I Think I Can, I Think I Can." Balancing Family & Work - How do you squeeze more into your 24 hour day? This veteran educator will share valuable tips and techniques for strengthening family ties, improving time management, and increasing personal energy conservation. Stress reduction suggestions will be shared.

Internet Safety; Eluding Internet Predators - Understand how and where predators operate. Parents will learn basic internet safety tips as well as how students in the Lee's Summit school district feel about the issue of internet safety.